



2023

Here is our first Newsletter for 2023. We hope you have had a good start to this year. Everyone will be looking forward to more hours of daylight when the clocks go forward on 26 March.

Eventhough Ndhiwa is currently +3hours ahead of us here in the UK, sunrise and sunset times do not vary so much at the moment due to Kenya being closer to the equator.

News from Samuel . . .

Hello everyone,

I hope you are all fine. I am pleased to give you an update of my experiences in my present rotation of my internship.

I am currently doing my fifth week in the surgical department of the Webuye County Hospital. My job entails taking patients’ medical history, carrying out physical examinations, investigations, diagnosis of various surgical and orthopedic conditions.

I have also performed a number of surgical procedures, assisted the surgeon and also senior colleagues with major operations. For sure it has been a very busy time, but so enjoyable, especially with the night calls and educative consultations.

I am looking forward to more and more interesting medical conditions as I wind up the rotation in the surgical department.

Thank you so dearly for your support,
Samuel

Saturday Bonus Ball

Winning Numbers

| Date | Lotto Number |
|----------|--------------|
| January | |
| 14 | 24 |
| February | |
| 18 | 29 |

So far this year there has only been two winning numbers with the Saturday Bonus Ball.

The winning numbers since the beginning of the year 18, 25, 35, 50, 56 have not been taken and are available if you are interested in joining this fundraising scheme.

Cost £1 per number, £52 for one year ie £1 per week.

The Saturday Bonus Ball winning number is worth £20.

If you would like to obtain more information please email Kay at: hello@acornproject.org.uk

Would you like to volunteer?

Additional help is needed with selling items online through EBAY and Vinted. If you were able to assist, or would like to find out more information please email Muriel at: admin@acornproject.org.uk





Rainwater Harvesting Storage Project, Kome Primary School, Central Kanyamwa, Ndiwa, Western Kenya

Charles Obunga, Headteacher at Kome Primary School has contacted Tom here in the UK to say the work is completed.

A couple of the photographs show students arriving at school in the morning with water they have collected from the river which is approximately 2 km away. The river water is taken to the kitchen where it is stored then used the following day for drinking and food preparation.

The tank will store rainwater and hopefully fill up when the monsoon season commences, this will allow students to not have to walk via the river to collect water on their way to school each day.

Here in the UK we take clean water for granted in our homes, whereas in Kenya every drop is precious. It is very hard to imagine not having a water tap in your home and having to walk to a river to collect water for daily use. Once the water has been collected it then has to be made safe to drink or use for cooking. We are so fortunate.



The completed tank work.



Ebou Mala's Children's Charitable Foundation, the Gambia . . .

In the Christmas Newsletter it was mentioned that there was a container being shipped out to the Gambia and it was to arrive in January.

Well, the container arrived. Here is a lovely colourful photograph taken by a volunteer who went out to visit Ebou Mala's Children's Charitable Foundation to assist with the distribution of the donated items.

A very pleased mother with her baby being carried in the traditional manner, wrapped in one of Carol's blankets, tied around her waist. There were other knitted goodies sent out as you can see, the beautiful hat and knitted teddy bear.

The Red Dress Project Touring the UK - so unique and special . . .

Lovingly created by 370 embroiderers from 50 countries around the world, this stunning dress took over 13 years to create. The result is a multicultural work of art.

Kirstie Mcleod is the artist behind the project, which provides an artistic platform from women worldwide to tell their personal stories through the embroidery. Many of these women are vulnerable and live in poverty, meaning The Red Dress is embroidered with the stories of identity, love, hardship and hope.

Made out of 84 pieces of silk and millions of symbolic stitches. Each person involved with the project was encouraged to share something that expressed their identity and culture.

The African section shows figures in traditional dress.



Every child no matter where they are born deserves the right to succeed in life.